

RESOLUTION 2025 - 4

MENTAL HEALTH AWARENESS MONTH

WHEREAS, mental health is a crucial aspect of overall well-being, and addressing mental health challenges is essential for a thriving community; and

WHEREAS, Mental Health Month provides an opportunity to raise awareness, reduce stigma, and promote positive mental health practices; and

WHEREAS, the La Porte County Commissioners recognize the importance of supporting individuals and families facing mental health challenges;

NOW, THEREFORE, BE IT RESOLVED, that the La Porte County Commissioners hereby recognize May as Mental Health Month and commits to:

- **Increasing awareness:**

Promoting resources, information, and open conversations about mental health within our community.

- **Reducing stigma:**

Challenging negative perceptions and fostering empathy and understanding towards individuals with mental health conditions.

- **Supporting mental health:**

Encouraging self-care practices, providing access to mental health resources, and advocating for policies that promote mental well-being.

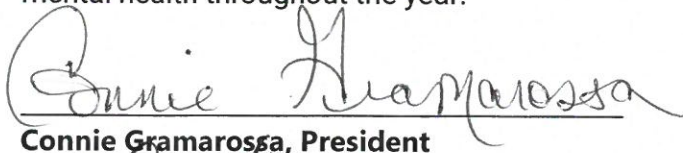
- **Promoting inclusivity:**

Ensuring that individuals with mental health conditions are treated with dignity and respect, and that their needs are met.

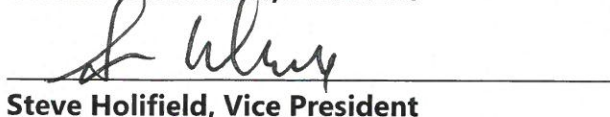
- **Encouraging open communication:**

Creating a safe and supportive environment where people feel comfortable talking about their mental health.

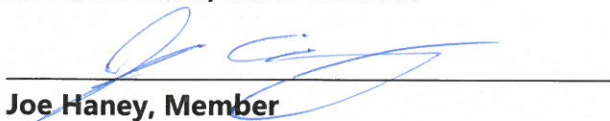
BE IT FURTHER RESOLVED, that the La Porte County Commissioners encourages all residents and stakeholders to participate in recognizing Mental Health Month, and to make a commitment to supporting mental health throughout the year.



Connie Gramarossa, President



Steve Holifield, Vice President



Joe Haney, Member

ATTEST: 

Michael Rosenbaum, Auditor

ORIGINAL